



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

Prayer For Trust In Every Area Of Life

Loving Lord, You are my confidence and my blessed assurance. You are the Rock of my salvation and the strength of my life. My hope rests in You for You are my faithful Shepherd and the Song that rejoices my heart.

Thank You, that Your promises are sure and that your grace is sufficient for all my needs.

Thank You, that Your mercies are new every morning, for You are a faithful God.

Thank You, that You are my heavenly Father Who loves me and cares for me.

Thank You that You are my precious Saviour Who died for me and gave me new life.

Thank You that You are my holy Comforter who gently leads me in the path of righteousness and guides me into all truth.

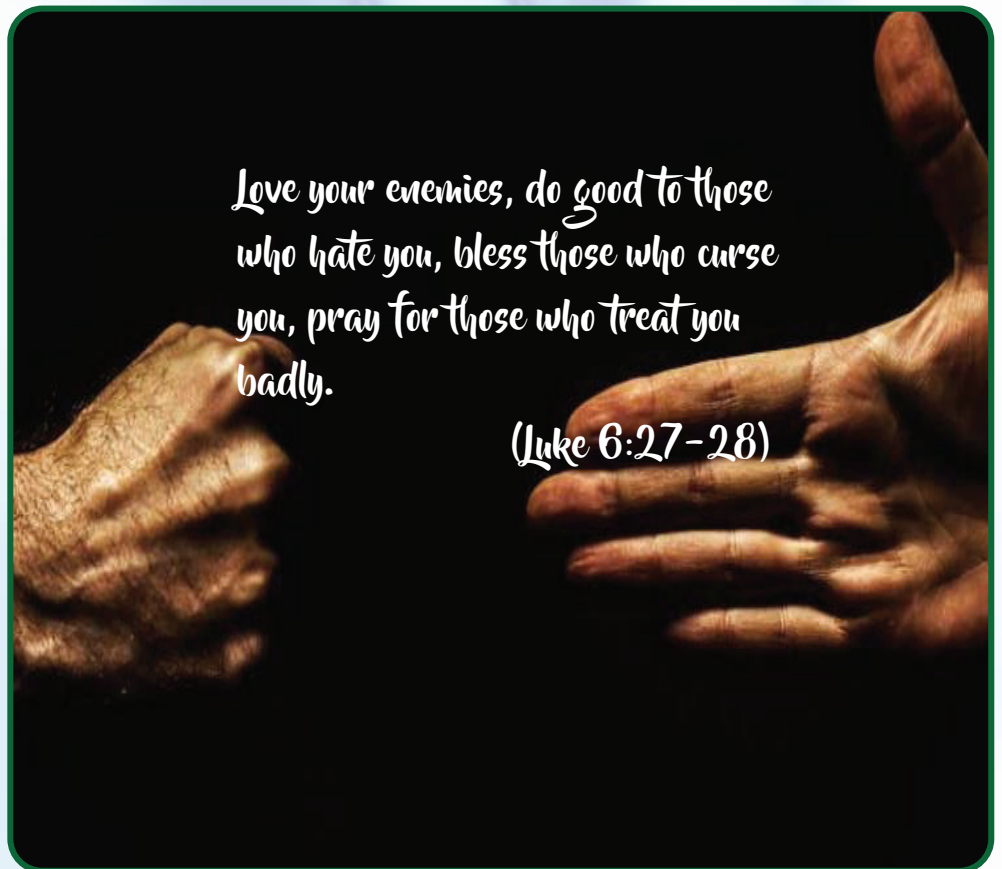
Loving Lord, I lay my life before You for I trust in You completely. I pray that You would continue to keep and to care, to guard and to guide, to support and to strengthen in every avenue of my life, for my trust is in You, my God and my Saviour.

Amen.



Thoughts of Bl Francis Jordan

If your heart is heavy within you, then on the outside you should show joy in bearing your cross. Some suffering must come.



Pope Francis' Prayer Intentions For February

Religious Sisters and Consecrated Women

We pray for religious sisters and consecrated women; thanking them for their mission and their courage; may they continue to find new responses to the challenges of our times.



The Service NSW QR codes are now available at the entrance of both of our churches, for you to use to check in. If you do not have a smartphone or you're not carrying it with you, please download your personal QR code with Service NSW, and scan your code at the entrance of the church. Thank you for working with us to keep our parish community safe.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church and Maria Regina Church.



Face Masks are mandatory in Churches.

MASS TIMES

SACRED HEART CHURCH
1 Keenan Street, Mona Vale

Weekday Masses
Tuesday 8.30am

Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8am, followed by Mass at 9.30am

Wednesday 9.30am
Thursday 7pm

Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from

7.30pm to 9pm

Friday 9.30am

First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am

Weekend Masses

Saturday Vigil 5.00pm
Sunday 8.00am • 10.00am • 6.00pm (SOUL)

Reconciliation
4.00pm to 4.30pm Saturday

Baptism
4th Sunday - 11.30am

MARIA REGINA CHURCH
7 Central Road, Avalon

Weekday Masses
Monday 8am

Wednesday 8am
Thursday 10am

9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am
Friday 8am

Mass with Anointing of the Sick - First Friday of the Month at 8am

Weekend Masses
Saturday Vigil 6.00pm
Sunday 9.00am

Reconciliation
Before Vigil Mass on Saturday

Baptism
3rd Sunday - 11.00am

We Pray for

the Souls of

Fran McKevitt
Jakov Urem
Ana Urem
Josip Urem
Mara Urem
Jakov Jnr Urem
Nikodem Sinkic
Wojciech Kupczyk
Souls in Purgatory

Recently Deceased

Eddie Partridge

If you would like the names of your relatives or friends and offerings included, please drop the envelope in to the Parish Office by Midday on Wednesdays. Thank You.

Prayers for the Sick

Beryl Peo-Duncan
Michael Carrodus
Pat Regan
Garry Gleeson
Annette Davis
Andrew Hood
Jeff Langley
Warwick Chipman
Erin Ocampo
Mark Lindfield
Vicky Kalingasan
Bill Eyre
Brian Gregan
Marian Poe
Marcia Bailey
Bec Burroughs
Susan Hickey
Sophia Burfitt
Margaret De Landre
Maeve Robinson
Jenny Carroll
Matt Ukishima
Pietrina Maiorana
Susan Makabenta
Dominic Ursino
George Carpenter
Diane Williams
Denise Wagner

The names on this list will be removed after four weeks unless otherwise requested or advised. Thank you

Everyone must also stay 1.5 metres away from other people whenever possible.

Continue to practise good hygiene. **Please use the hand sanitisers provided in both of our Churches.**

It is our responsibility to protect others and ourselves and stop the spread of COVID-19 in Australia.

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(pittwater_parish)

from Our Schools



Mater Maria Catholic College

Join us for our Open Day on Wednesday 9 March between 4.00pm - 7.00pm. We are now enrolling students in Year 5 for Year 7, 2024. There is a waitlist for those students that are currently in Year 6. Please visit the College website www.matermaria.nsw.edu.au/enrolments for a prospectus, Enrolment Application form or for more information. Applications for Year 7, 2024 close on Friday 8 April 2022.

PASTORAL WORKS Broken Bay

Thank you to all who support Pastoral Works as we endeavour to reach further and wider in helping our community. Every gift makes a real difference to someone in hospital, a school for students with special needs, the deaf community or our catechists sharing the gospel with State school students.
Bishop Anthony Randazzo

BOOK REVIEW

The Dolorous Passion of Our Lord Jesus Christ

by Anne Catherine Emmerich



This book brings the Lenten season to us with most emphatic details which remind us of what Jesus did for our sins. It also includes details of Sister Anne's short life which was incredible.

Liturgy for the Week

- 21/02 **Monday Ordinary Time 7**
James 3:13-18; Mk 9:14-29:
- 22/02 **Tuesday The Chair of St Peter, apostle**
1 Pet 5:1-4; Mt 16:13-19:
- 23/02 **Wednesday St Polycarp, bishop, martyr**
James 4:13-17; Mk 9:38-40; (Alt. Rev 2:8-11; Ps 30:3-4, 6, 8, 16-17; Jn 15:18-21)
- 24/02 **Thursday Ordinary Time 7**
James 5:1-6; Mk 9:41-50:
- 25/02 **Friday Ordinary Time 7**
James 5:9-12; Mk 10:1-12:
- 26/02 **Saturday Ordinary Time 7**
James 5:13-20; Mk 10:13-16:

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GIVING

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Vinnies

For the needy, help is available by contacting the Brookvale Centre 9905 0424 during business hours.

SDS - Societas Divini Salvatoris (The Society of the Divine Saviour) History Poland



From the very beginning of their existence, Salvatorians have been very much an international religious order. Among the members there was a significant number of Polish men. Out of about a thousand candidates who joined the order in the years 1881-1900, about one hundred were Polish. They did whatever their superiors sent them to do. Some of them joined a group of priests and brothers from other countries to help form an American Province of the Salvatorians, at the same time providing pastoral care to Polish people who emigrated to the USA. Others were sent to India to work at the newly established mission at Assam. A large number of them pioneered Salvatorian pastoral ministry in a number of countries in Europe. Only a small number returned to their motherland to lay the foundations of the future Polish Province of the Salvatorians.

The first Salvatorians of Polish origin arrived in Krakow (Cracow) in 1900. They were: Alfred Zacharzowski, Honoriusz Bugiel and Cezary Wojciechowski. The first Salvatorian Community House was opened in 1903 at Trzebinia near Krakow.

In 1918, after the First World War, Poland regained national independence. This situation created new opportunities for further development and growth of the Society. To achieve this task a formation house was needed. In 1923 a formation house was officially opened in Zakrzowek (outskirts of Krakow).

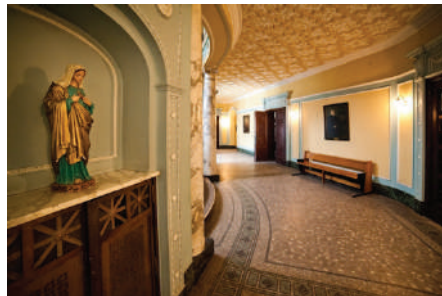
In 1927 the Polish Province of the Salvatorians was finally established. The Province had twenty seven members: eight priests, seven brothers, four seminarians and eight novices.

At the end of the Second World War the Salvatorians in Poland lived in five Community Houses. The new reality of life after the War created new challenges. There was a shortage of priests in the western part of Poland, so the Salvatorians tried to respond to the needs of the people. Within two years they had undertaken pastoral ministry at sixteen different places in the

western part of Poland.

Continuing growth in numbers allowed the Salvatorians to take new postings and face new challenges in an attempt to meet the needs of the people. In 1975 there were thirty one Polish Salvatorian Community Houses, out of which twenty seven were in Poland, two in USA and two in Canada.

At present Polish Salvatorians work and live in thirty five houses in Poland and in a number of countries all over the world. These are: Albania, Australia, Belarus, Canada, Croatia, Czech Republic, Hungary, Italy, Scotland, Slovakia, Spain, Ukraine, USA, and Zambia. Mission countries: Tanzania, Congo, Philippines and India. They are also present in England, France, Mexico, Germany and Switzerland.



Prompted and encouraged by the words of their Founder, Bl Francis Mary of the Cross Jordan: "As long as there is even one person in the world who does not know and does not love Jesus Christ the Saviour of the world, you are not to take rest", Salvatorians continue the mission of Christ on all continents of the world.

The history of the Salvatorians in Australia began in 1961. A few years earlier the Archbishop of Perth, Redmond Prendiville, sent a letter of invitation to the head of our Society in Rome, Fr Bonaventura Schweizer. Replying to the invitation Fr Schweizer sent the first Salvatorian, Fr Paul Keyte to Australia in 1961. Fr Paul was asked to take pastoral care of the new parish of Bellevue. The beginnings were difficult. The parish community life centered around the local catholic school, as there was no church, and no parish

house or office facilities. In the following years a few more Salvatorians from the British Province joined Fr Paul.

In 1966 the new St Anthony's Church, together with the accommodation for priests and the parish centre were opened in Bellevue. The parish of St Anthony was the only Salvatorian centre in Australia until the year 1982, when Fr Aloysius McDonagh became the Parish Priest of Esperance, in the Diocese of Bunbury. In the late 70's, prompted by the shortage in numbers, the British Province of the Salvatorians seriously considered passing on their ministry in Australia to the vibrant Polish Province.

During the transition period (1979-1987) four Polish Salvatorians worked together with the British Province Salvatorians (who were mostly Irish). Over all there had been six Salvatorian priests and one brother from the British Province who worked in Australia in 1961-1987.

In 1987 the Polish Province of Salvatorians officially took over from the British Province. This decision created a need for new people who would continue the ministry undertaken by the Salvatorians from the British Province. As a result three volunteers from the Polish Province arrived in Perth in 1988. Since then, almost every year, we have been getting "new blood" from Poland. At present there are over twenty Polish Salvatorians sharing their lives and ministry in Australia.

Thanks to the wonderful personal support of the Polish Province, the Salvatorians have been able to expand and undertake pastoral care in a number of parishes in Perth and country areas of Western Australia. Since 2001 Polish Salvatorians have been working in our Diocese of Broken Bay, in the parishes of Pymble, Gosford and Pittwater. Since 2019, they have been in the Archdiocese of Sydney.

Following the teaching of our Founder, Bl Francis Jordan, they try to take a broad approach to their priestly ministry. Therefore, they do not restrict themselves to the parish pastoral ministry only, as a few of our priests have been working as school chaplains over the last several years.



Salvatorian Seminary Appeal

There will be a special collection towards the Salvatorian Seminary this weekend. Your generous contributions will help in the training and the education of our young seminarians and the upkeep of our Seminaries in Poland and Philippines, and also support our East Timorese Seminarians who will be working in Australia.

Since its inception, the seminary has educated more than 500 ordained priests. At present we have 7 novices and 20 seminarians in Poland, and 80 seminarians in Philippines, and Anthony who underwent his Pastoral Placement here in Pittwater.



The Salvatorians invite you to unite in prayer for these young Seminarians as well as for an increase of vocations to the priesthood and consecrated life.



Envelopes will be in the pews or Bank transfer to "Salvatorian Fathers Formation Account"

BSB: 086-006 Account No: 56208 8745, please indicate "Pittwater Parish".

Thank you in anticipation.
Fr Richard Sadowski SDS
Fr Pawel Szczur SDS

To read the messages from Bishop Anthony and from the people Vox Populi please go to www.pittwaterparish.org. News and events tile and Messages from Bishop Anthony on the drop down menu.

WANTED



CATECHISTS

Top Reasons to Become a Catechist Joe Paprocki

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Children, teens, and adults in today's world, more than ever, need to encounter good role models of faith.

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You'll be helping people deepen their relationship with Jesus. (You'll be evangelising!)

You'll be handing on a 2000-year-old Tradition that changes lives.

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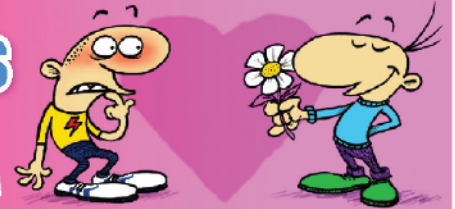
For more information call the Parish Catechists coordinators: Maureen Wooldridge - 9997 4694 or Veronica Thomas - veronicathomas2009@gmail.com

REWARD

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Love your enemies



7th Sunday in Ordinary Time, Year C

How can we love our enemies? Tick the best answers in the boxes below.



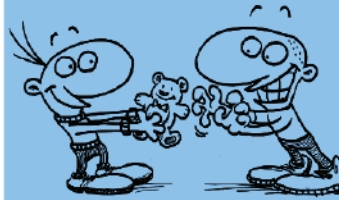
If someone slaps you on the cheek, do you...

- A: Slap them back
- B: Forgive them
- C: Call the police



If someone teases you and calls you names, do you...

- A: Throw a tantrum
- B: Find nice things to say about them
- C: Ask God to punish them



If someone wants to share your favourite toy, do you...

- A: Tell them to go away
- B: Let them play with it, but only for 5 minutes
- C: Let them have it for as long as they like



If someone is cruel and mistreats you, do you...

- A: Ask God to bless them
- B: Tell everyone how bad that person is
- C: Get even with them



Jesus taught us to forgive others. He even asked God to forgive those who crucified and taunted him. Write down three other occasions when Jesus showed love for those who were against him.

Complete the Text Maze:

"Forgive others and God will forgive you."

START

F	E	P	I	T	Y	H	A
O	E	N	E	M	I	E	S
R	G	I	S	R	M	K	P
S	E	V	P	I	L	B	R
R	O	V	R	S	A	N	A
E	T	H	E	U	G	D	I
W	Q	R	Y	D	O	B	S
A	I	E	I	W	C	I	E
R	O	R	L	O	T	L	Y
D	G	T	L	F	G	I	N
S	R	L	O	O	R	V	I
R	M	F	O	J	I	E	T
L	A	S	X	V	K	Y	O
J	U	D	G	E	E	Z	U

*CAN YOU FIND THE SIX HIDDEN WORDS FROM THIS WEEKS GOSPEL READING?

FINISH

The *Living* Word

Entrance Antiphon Ps 12:6

O Lord, I trust in your merciful love.
My heart will rejoice in your salvation.
I will sing to the Lord who has been
bountiful with me.

First Reading 1 Sm 26:2. 7-9. 12-13. 22-23

A reading from the first book of Samuel
*The Lord has put you in my power, but I will
not raise my hand against you.*

Saul set off and went down to the wilderness of Ziph, accompanied by three thousand men chosen from Israel to search for David in the wilderness of Ziph.

So in the dark David and Abishai made their way towards the force, where they found Saul asleep inside the camp, his spear stuck in the ground beside his head, with Abner and the troops lying round him.

Then Abishai said to David, 'Today God has put your enemy in your power; so now let me pin him to the ground with his own spear. Just one stroke! I will not need to strike him twice. David answered Abishai, Do not kill him, for who can lift his hand against the Lord's anointed and be without guilt?' David took the spear and the pitcher of water from beside Saul's head, and they made off. No one saw, no one knew, no one woke up; they were all asleep, for a deep sleep from the Lord had fallen on them.

David crossed to the other side and halted on the top of the mountain a long way off; there was a wide space between them. David then called out, 'Here is the king's spear. Let one of the soldiers come across and take it. The Lord repays everyone for his uprightness and loyalty. Today the Lord put you in my power, but I would not raise my hand against the Lord's anointed.'

The word of the Lord

Responsorial Psalm

Ps 102:1-4. 8. 10. 12-13. R. v.8

(R.) The Lord is kind and merciful.

My soul, give thanks to the Lord,
all my being, bless his holy name.
My soul, give thanks to the Lord
and never forget all his blessings. (R)

It is he who forgives all your guilt,
who heals every one of your ills,
who redeems your life from the grave,
who crowns you with love and
compassion. (R)

The Lord is compassion and love,
slow to anger and rich in mercy.
He does not treat us according to our sins
nor repay us according to our faults. (R)

As far as the east is from the west
so far does he remove our sins.
As a father has compassion on his sons,
the Lord has pity on those who fear him.
(R)

Second Reading 1 Cor 15:45-49

A reading from the first letter of St Paul to the Corinthians

Just as we have carried the earthly image, we must carry the heavenly image.

The first man, Adam, as scripture says, became a living soul; but the last Adam has become a life-giving spirit. That is, first the one with the soul, not the spirit, and after that, the one with the spirit. The first man, being from the earth, is earthly by nature; the second man is from heaven. As this earthly man was, so are we on earth; and as the heavenly man is, so are we in heaven. And we, who have been modelled on the earthly man, will be modelled on the heavenly man.

The word of the Lord

Gospel Acclamation Jn 13:34

Alleluia, alleluia!
I give you a new commandment;
love one another as I have loved you.
Alleluia!

Gospel Lk 6:27-38

A reading from the holy Gospel according to Luke

Be merciful as your Father is merciful.

Jesus said to his disciples: 'I say this to you who are listening: Love your enemies, do good to those who hate you, bless those who curse you, pray for those who treat you badly. To the man who slaps you on one cheek, present the other cheek too; to the man who takes your cloak from you, do not refuse your tunic. Give to everyone who asks you, and do not ask for your property back from the man who robs you. Treat others as you would like them to treat you. If you love those who love you, what thanks can you expect? Even sinners love those who love them. And if you do good to those who do good to you, what thanks can you expect? For even sinners do that much. And if you lend to those from whom you hope to receive, what thanks can you expect? Even sinners lend to sinners to get back the same amount. Instead, love your enemies and do good, and lend without any hope of return. You will have a great reward, and you will be sons of the Most High, for he himself is kind to the ungrateful and the wicked. 'Be compassionate as your Father is compassionate. Do not judge, and you will not be judged yourselves; do not condemn, and you will not be condemned yourselves; grant pardon, and you will be pardoned. Give, and there will be gifts for you: a full measure, pressed down, shaken together, and running over, will be poured into your lap; because the amount you measure out is the amount you will be given back.'

The Gospel of the Lord

Communion Antiphon Ps 9:2-3

I will recount all your wonders,
I will rejoice in you and be glad,
and sing psalms to your name, O Most High.

Reflection

Perhaps one of the most difficult lessons to learn is forgiveness of those whom we consider our enemies, those who have wronged us. As challenging as this may be, the Gospel calls us to a very high standard: we must be merciful as God is merciful. If such perfection can become a reality in our lives, we will be able to forgive. Paul assures us that we can indeed attain such perfection, not by ourselves, but through the power of the risen Lord whose image we bear.

Paul plays with the theology of creation. In the beginning, we were made like the first Adam, earthly, limited, weak, concerned about the things of this world, and committed to our own well being. Through baptism we have been fashioned after the image of the second Adam, Christ the risen Lord. Being like Christ, we become godlike, empowered with his saving power, transformed with him into new beings. It is now in our power, which is really the power of the resurrection, to be merciful as God is merciful. In the risen Lord we experience a mystical transformation. From now on, all of our actions can flow from this new reality.

Transformed by the power of the resurrection, we are capable of unprecedented good works. We can live without retaliation; we can render good for evil. We can be prodigal in our generosity toward others; we can relinquish any rights of proprietorship that we might enjoy. We can live with others without unfairly judging them. We can be like God, boundless in our forgiveness.

© Dianne Bergant CSA

ASH WEDNESDAY

2 March 2022

Mass

Sacred Heart Church
9.30am and 7.00pm

Maria Regina Church
8am

Ash Wednesday and
Good Friday are days of
fast and abstinence.

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